

# Isantian

Spring 2018

## Inside This Issue:

Mayor's Letter | Departmental Updates | Community Events Calendar

Don't miss the  
2018 pocket  
calendar included  
with this issue!



# Letter from the Mayor



Mayor  
George A. Wimmer

## City Meeting Dates

All meeting are held at  
City Hall:  
110 1st Ave NW

### City Council

1st and 3rd Tuesday of  
the month at 7:00 pm

### City Council Work Session

Held at 5:45 prior to the  
2nd City Council meeting  
of the month if needed

### Planning Commission

3rd Tuesday of the month  
immediately following the  
City Council meeting

### Parks, Recreation, and Culture Board

4th Tuesday of the month  
at 6:00 pm

### Economic Development Authority

1st Tuesday of the month  
immediately following the  
City Council meeting

2018 looks to be another good year for Isanti. We have great events planned for everyone to enjoy. Parks, Recreation and Culture conducts Curious Creatures every 2nd Tuesday of the month. It hosts Free Movie Nights at the Isanti Community Center, a Rain Garden Workshop April 19th, Farmers Market every Friday starting May 25th, a Pollinator Workshop June 9th, Passport to the Parks Scavenger Hunt June 21st to August 3rd, three free Street Dances (June 23rd, July 14th, and August 11th), Celebrate Isanti August 11th, and Fall Family Day @Legacy Park October 6th to name a few. A small foldable pocket 2018 event calendar is included in this issue of the Isantian.

I want to congratulate Isanti School Resource Officer Adam Gau on winning the 2017 Minnesota Juvenile Officers Award and the 2018 Minnesota Chiefs of Police Association Award for Distinguished Service. Officer Gau has also won the 2016 MN Toward Zero Death Education All Star Award, the Isanti County 2015 Law Enforcement Distinguished Service Award and the 2015 MADD Outstanding School Resource Officer Award. Officer Gau is an incredible asset to our City. I also want to congratulate Reserve Officer Jeremy 'Jed' Roberts-Lethaby on winning the Isanti County Law Enforcement Association's – Volunteer Citizen of the Year Award for 2017. Our Reserve Officers are volunteers who dedicate themselves to helping our City. Great Job!

The City Council met January 22nd to outline goals for the coming year. We discussed a number of different topic areas and agreed to 13 Goals/Projects for 2018. I want to touch on a few of them here. We will be putting together a plan to update our City website that will make it more functional and accessible. We also need to update our City Council communication equipment to help reduce cost and improve connectivity. Our 20-year Capital improvement plan is the financial focus this year. We work to rotate through all of our long-range plans. A few years ago, we approved a long-range staffing plan that included transitioning our City Administrator. We have been fortunate to have the same Administrator since 2005 but the time has come to transition to a new Administrator in 2019. This will proceed according to plan and help ensure a seamless transition. The Council has been working on Emergency Planning and as part of this work has identified the need for more back up generators to power critical infrastructure and shelter locations. A multi-use skating rink is being planned for Bluebird Park and a potential sliding hill location is being researched. Heritage Boulevard traffic and the extensions of Richard and 5th Avenue NE are also being worked on. You can find the audio and minutes for the Goal Setting meeting on the City's website for more information on these and other goals.

As we enter 2018 it is a good time to remind ourselves of the positive changes in our Community. Isanti had the lowest per capita income in the county before I was elected Mayor. In the year 2000, Isanti was at \$16,662 per capita with Braham at \$16,693 and Cambridge at the highest with \$20,697. In 2016 we are in a much better place. Isanti leads with a per capita income of \$29,429 with Cambridge in 2nd at \$24,137 and Braham with \$21,696. That means the City of Isanti has had a 77% increase in Per Capita Income with Braham increasing 29.9% and Cambridge increasing 16.6%. The 2016 Median Household Income (MHI) tells a similar story. Isanti increased 54% to a 2016 total of \$67,026 (MHI). Cambridge over the same period improved 30% to \$45,871 followed by Braham with a 27% increase to \$44,101.

I am not sharing the information on the other cities in Isanti County to show them in a negative light, but instead to show that the City of Isanti has made purposeful decisions that sometimes are not popular at the time but have proven to be good for our City. If we are to provide the City services and amenities that are needed, we must have a strong financial base to work from. The Long Term Financial Plan, Long Term Development Plan and City Standards we created are helping to drive these positive economic changes.

If you have any questions, concerns or comments please contact me at 763-442-8749 or email me at [George@georgewimmer.org](mailto:George@georgewimmer.org). You may also follow me and keep up to date on all things Isanti on Twitter at [twitter.com/mayorwimmer](https://twitter.com/mayorwimmer), Facebook at [www.facebook.com/Mayor-GeorgeWimmer](https://www.facebook.com/Mayor-GeorgeWimmer) or [georgewimmer.org](http://georgewimmer.org)

# City Offices & Staff Directory

## City Council Members

Mayor	George Wimmer	763-442-8749	george@georgewimmer.org
Council Member	Dan Collison	763-444-4298	djcollison@msn.com
Council Member	Steve Lundeen	612-203-8957	sdlundeen@yahoo.com
Council Member	Paul Bergley	763-377-2209	paulmb50@yahoo.com
Council Member	Ross Lorinser	763-587-3841	ross.lorinser@gmail.com

## City Staff

### Administration

City Administrator	Donald Lorsung	dlorsung@cityofisanti.us
Human Resources/City Clerk	Katie Brooks	kbrooks@cityofisanti.us

### Public Services

Public Services Director/ Assistant City Administrator	Josi Wood	jwood@cityofisanti.us
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### Police Department

Police Chief	Gene Hill	ChiefHill@cityofisanti.us
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### Economic Development

Economic Development Director	Sean Sullivan	ssullivan@cityofisanti.us
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### Finance

Finance Director	Michael Betker	mbetker@cityofisanti.us
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### Planning & Zoning

Community Development Director	Ryan Kernosky	rkernosky@cityofisanti.us
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### Building Inspections

MNSpect	952-442-7520	info@mnspect.com
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### Municipal Liquor Store

Manager	John Jacobi	jjacobi@cityofisanti.us
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### Parks, Recreation & Culture

Community Events & Parks Coordinator	Katie Everett	isantiparks@cityofisanti.us
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## City Contacts:



### City Hall

110 1st Ave NW  
PO Box 428

Isanti, MN 55040

763-444-5512

isanti@cityofisanti.us

www.cityofisanti.us



### Police

401 1st Ave N  
Isanti, MN 55040

Non-Emergency

763-444-4761

Emergency 911

After Hours

763-689-2141



### Public Works

763-444-0459



### Municipal Liquor Store

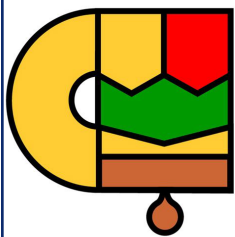
400 West Dual Boulevard

Isanti, MN 55040

763-444-5063

www.isantiliquorstore.com

Meeting dates as noted  
on Page 2 and all  
changes will be posted  
on the website, at City  
Hall, and the Post Office.  
Special Meetings & times  
will also be posted on the  
website, City Hall and  
Post Office.



## Ever Cat Fuels

Blended Fuel Sales – Up to B99

For information, please contact:  
Julian Guilbeault  
651-219-0226  
[julian@evercatfuels.com](mailto:julian@evercatfuels.com)

**Your  
Physical Therapy  
Experts**

**ISANTI  
Physical Therapy**

**1-888-THERAPY**  
[www.physicaltherapyptc.com](http://www.physicaltherapyptc.com)



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## JOSLIN & MOORE LAW OFFICES, P.A.

Clark A. Joslin  
Patrick B. Moore

221 NW 2<sup>nd</sup> Ave., Cambridge, MN 55008  
(763) 689-4101

# Economic Development

## CITY OFFICES CLOSED

May 28  
Memorial Day

## ATTENTION DOG OWNERS – DOG AND KENNEL LICENSES

Please be reminded that annual dog and residential kennel licenses are due April 30, 2018. Dog and kennel licenses can be obtained through the Isanti Police Department located at 401 First Avenue NW. All dog owners must license their dogs annually. License fees are \$10 per year for fixed dogs and \$15 per year for non-fixed dogs.

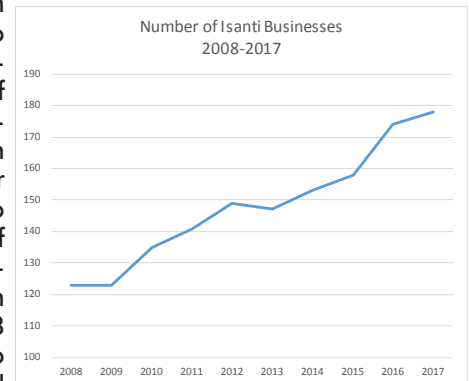
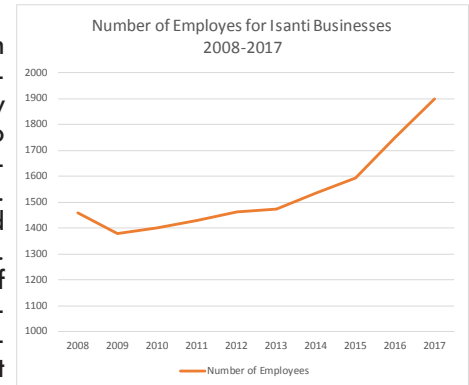
Lifetime licenses are available for \$50. A Lifetime license is good for the lifetime of the dog. A late fee of \$5 will be charged if licensed after April 30, 2018. A certificate of rabies vaccination must be provided at the time of license purchase.

Isanti City Code does require that any property owner who has more than two (2) dogs must obtain a residential kennel permit. A residential kennel license is \$50 per year. Please contact the Police Department to obtain information regarding a residential kennel permit at (763) 444-4761.



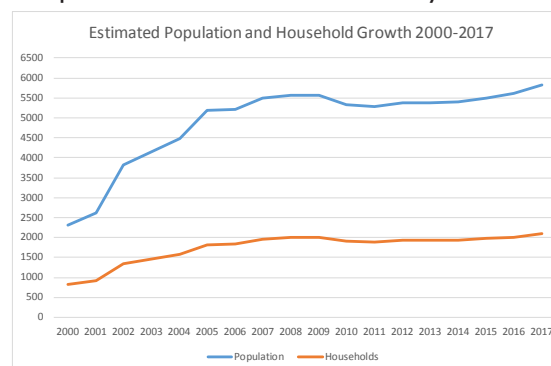
## Commercial - Industrial Growth

The City of Isanti is well positioned for efficient growth in many market sectors. The commitment of the Isanti City Council directing and providing the necessary resources is a primary reason why Isanti continues to thrive. Since 2000, the City of Isanti has been a financial partner in over 27 commercial/industrial projects. We have leveraged \$3.7 million dollars in local and State funds to attract \$27 million in private investment. The Isanti Development team is a two-time winner of the Excellence in Economic Development Business Recruitment Award from the Economic Development Association of Minnesota. It won awards for the EverCat Fuels (2008) and SnoBear USA (2016) projects. Both of these projects utilized state and local incentives to leverage significant private investment. The 27 public/private partnerships have resulted in the creation of 348 new jobs in Isanti as well as \$13,908,000 in taxable market value which helps reduce the tax burden for City residents. The City has also worked with other high profile projects in the retail and health sectors to assure that they located in Isanti and that the quality of the buildings constructed continue to improve the gateway to our community. Since 2009 the City has seen the number of businesses increase from 123 to 178 and jobs increase from 1377 to 1900. Commitment to the recruitment of new businesses that provide needed services in Isanti and increasing livable wage jobs in all sectors is one of the primary economic development goals for Isanti. The City also has a strong track record of helping existing businesses grow. The City has helped Isanti businesses invest in machinery, expand their facilities, and train employees. Continuing to work with existing businesses and recruiting new ones to Isanti must happen to continue to be successful.



## Residential Growth History

The City of Isanti is committed to steady growth in the residential sector and is positioned well. Isanti is a young community with a median age of 31.5. From 2000 to present the city's population has grown from 2,324 to its current estimate of 5,838. The City has approximately 145 single family residential lots with city services installed that are ready for immediate development. Before we look forward it is important to review the past. From 2000 to 2007, the City saw 1093 units of housing built which is an average of 156 per year. Isanti was booming and was one of the fastest growing cities in the nation. However, from 2008 to 2012 the City of Isanti endured the Great Recession. From 2009 to 2012 there were only 17 new housing units built (zero in 2009) which is an average of only 4.25 per year. Home foreclosures were rampant and gas prices were over \$4.00 per gallon. Tough budget decisions had to be made by the City Council to "right size" staff and to develop a plan to pull out of the recession. A continued commitment to economic development was one of the many tough choices the City Council made which positioned Isanti to be open for business once the economy turned around; and Isanti did. In 2012, the City partnered



with local builders to jumpstart the housing market by creating an incentive called the SAC and WAC Deferral Program which helps builders cashflow their project while ensuring the City receives all the fees within 120 days. From 2013-2017 there have been 248 new housing units built which is an average of 50 per year. The recovery from the Great Recession is shown in the 2009-2017 Isanti Housing Sales Data which has seen the average sales price of a single family home go from \$125,021 to \$201,700. The ebb and flow of the growth and economic conditions can be seen

# Economic Development

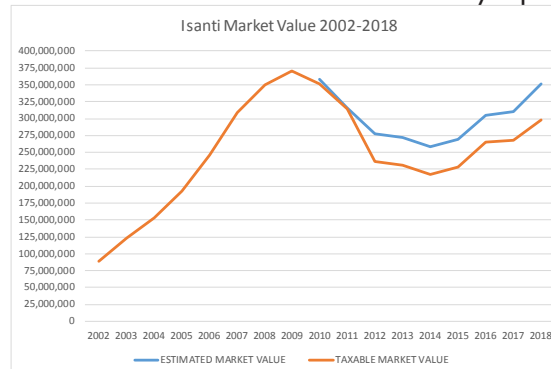
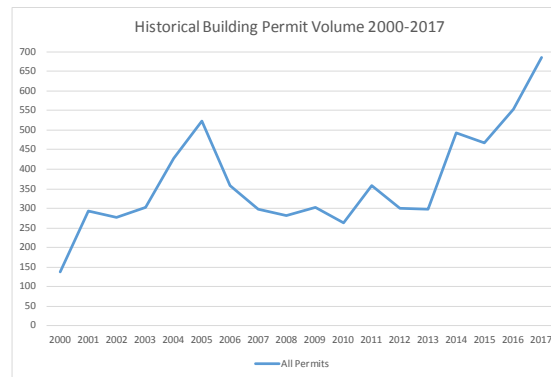
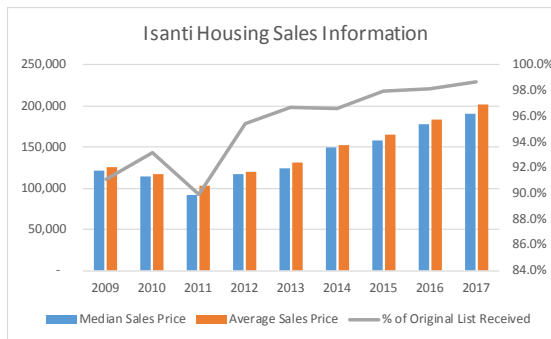
seen in the 2002-2018 taxable market value chart. It is true that we are not growing as fast as we did from 2000-2007 but the rate of growth has been steady and predictable which allows the City to plan accordingly. A strong housing market and growing population helps build the workforce, business development, and opportunity.

## Planning, Catalyst Projects and Marketing

The City of Isanti has been actively involved in all facets of economic development in the community. In addition to the public/private partnerships mentioned previously, the Development Team has also been focused on delivering key projects within the Comprehensive Economic Development Strategy (CEDS). Projects and needs that have been outlined in past and current CEDS documents include: downtown redevelopment/revitalization, pharmacy, medical clinic, hotel, rail industrial park, upgrade the sewer and water treatment plant. To date, downtown redevelopment/revitalization continues, a pharmacy and health clinic have been opened in Isanti, a feasibility study has been completed and preliminary approval has been granted by BNSF for the rail industrial park, and upgrades to the existing sewer plant have been completed. Staff is currently working hard to secure a 60 unit Best Western Plus hotel project on the site just east of Hurricane Car wash on Highway 65. Completing these key projects will help solidify Isanti as a destination and regional hub for business.

In 2015, the City partnered with Rum River BMX to construct the Isanti Indoor Arena, a 75,000 square foot state of the art indoor BMX facility for year round competition. This venue brings 80,000 people to Isanti annually. It regularly hosts state, regional and national tournaments and has been rated as the #1 track in the nation. Projects such as Isanti Indoor Arena, the Isanti Soccer Complex, Isanti Ice Arena and the proposed hotel create synergy with each other and create an environment/market that serves as a catalyst for more investment in support industries like restaurants and retail. Leveraging new projects such as Coborn's Marketplace, Allina Health Clinic and SnoBear USA and utilizing relationships with long standing businesses to attract more investment into the community is paramount. This is possible when you nurture those relationships and work with companies so they become ambassadors for your city.

The Development Team has obtained Shovel Ready Certified Site status for the lots in the industrial park in order to stand above other sites in the state. This is a marketing advantage for our community. The City-owned industrial park continues to do well with less than 10,000 square feet of vacant space. Staff is actively working with prospects that are looking to build and/or locate in the park this year. The City has a robust online presence with available sites and marketing materials listed with MNCAR, LOIS, and the State of Minnesota to market these premier locations to site selectors. The Development Team is currently working on a plan to enhance its internet presence for desktop and mobile users that want to learn more about our community which will include updates to the City website. It is important to note that the robust city park and trail system serves as a huge asset for both residents and businesses. The quality of this amenity in a city the size of Isanti is extraordinary and cannot be undervalued. Isanti continues to be an active leader in facilitating economic development projects that move this community forward.



## ISANTI INDUSTRIAL SITES "SHOVEL READY CERTIFIED"



The City of Isanti has Minnesota Shovel Ready Certified lots available in Isanti Centennial Complex Business Park with lots ranging from 1.21 acres to 15.49 acres. All city utilities and fiber optic service are to the curb at each site which makes your decision to locate to the City industrial park easy. You can't beat lots for \$1.00 and the newly installed infrastructure in the industrial park. If you want to learn more please contact Economic Development Director Sullivan at [ssullivan@cityofisanti.us](mailto:ssullivan@cityofisanti.us) or 763.807.4339.



**Tuesday, April 17**  
12:30 - 4:30 pm  
Armed Forces Reserve Center  
(505 Spirit River Drive S, Cambridge, MN)

Over 50 businesses will be present at this great event and will be looking to hire. If you are looking for employment or a change of career this is a great local opportunity you shouldn't pass up. Attendance is free for jobseekers.



# Police and Building Departments

## FLUSHING OF WATER MAINS STARTS APRIL 30

If you live in or near an area that is being flushed, your water may have some discoloration for a short period of time. You should avoid doing laundry at this time or running your water, as this can actually bring discolored water directly into your home's pipes. Run your tap after the flushing and it should clear up. Check our website at [www.cityofisanti.us](http://www.cityofisanti.us) for the schedule and watch for ongoing updates as the schedule is subject to change daily.

## ARE YOU CLEANING UP AFTER YOUR PET?

It is your responsibility as a pet owner to clean up after your pet. When taking your pet for a walk, please show courtesy to other public and private property owners by removing the excrement deposited by your pet. City Code 87-5.1 requires pet owners to immediately collect and remove dog feces deposited by their animal on public or private property. A container, equipment, or other device is required for transport of the fecal material to an appropriate disposal receptacle located on the property of the pet owner. Please help us in keeping our neighborhoods and public spaces clean and sanitary.

## Police Department

I hope everyone is doing well and that 2018 is a better year for everyone.

I want to congratulate School Resource Officer Adam Gau as the recipient of the 2018 Minnesota Chiefs of Police Association Distinguished Service Award for his continued dedication and hard work with in the Isanti Schools. He continues to help the teachers with educational lesson points with his expertise along with mentoring and coaching the Isanti students. The wall of student thank you cards and notes in his office is a testament to the program's success. He will be recognized at the 2018 Chief Conference in April. Officer Gau also received the 2017 Minnesota Juvenile Officer of the Year Award from the Minnesota Juvenile Officers Association at their Annual Conference this January in Duluth. The Isanti Police Department values this opportunity and ability to have such an impact on our community's youth.

A reminder to all, 2018 Special Vehicle Operators Permit is available to use golf carts and Class 1 ATV's (ones you straddle) on the municipal streets of Isanti. The yearly permit is \$25.00. The application and permit can be obtained at the Isanti Police Department. For more information call or stop into the office.

In the spring, we see a surge in thefts from automobiles. Please do not leave your vehicles unlocked, this invites crimes of opportunity. Do not leave items, especially electronic items, visible in your car; even visible power cords left in the vehicle can be a cause for a break-in to your vehicle. Always locking your cars when parked is the best deterrent for a crime of opportunity and will save you from further headaches of potential identity thefts.

In a few months the snow will begin to melt, as this happens the city parks begin to see heavier use by many. If you see suspicious behavior or acts of vandalism, PLEASE call the police immediately...many more crimes can be solved by getting involved. Your complaint can be made anonymously.

With the melting snow comes severe weather...last spring we had our severe weather tornado sirens go off because of an alert by the National Weather Service. They are responsible for disseminating all watches and warnings to Isanti County Central Communications, except for warnings generated within the city or county. Outdoor warning siren activation in Isanti is based on the following criteria:

1. When a Tornado Warning is issued for Isanti County/City of Isanti by the National Weather Service.
2. When the National Weather Service indicates sustained wind speeds of 76 mph or more.
3. When public safety personnel (Law Enforcement/Fire) determine activation is necessary due to imminent danger to life and property.

Upon hearing the warning siren, it is your responsibility then to go to your media outlet of choice and determine what the nature of the emergency is and to follow the recommendations provided.

In 1962, President John F. Kennedy signed a proclamation which designated May 15 as Peace Officers Memorial Day and the week in which that date falls as Police Week. Currently, tens of thousands of law enforcement officers from around the world converge on Washington, D.C. to participate in a number of planned events which honor those that have paid the ultimate sacrifice.

Respectfully, Chief Gene C. Hill

## Building Department

Isanti Building Official Nick Henly left the City to pursue another opportunity in Mounds View, we wish him well and thank him for his time with the City of Isanti. As such, starting in December 2017, the City of Isanti entered into a contract with MNSpect, LLC to perform building inspection services for the City of Isanti. Mechanical, plumbing, and other building permits can still be issued on the same-day they are applied for at City Hall. Other permits that need plan review, like new home construction, can be dropped off at City Hall to be sent to MNSpect. Questions regarding process, costs, or to schedule an inspection can be directed to MNSpect at 952-442-7520. Questions regarding zoning can be directed to the Community Development Department at 763-444-5512.



**MNSPECT**  
HELPING YOU COMPLY WITH THE CODE

# Fire District

## Isanti Fire District

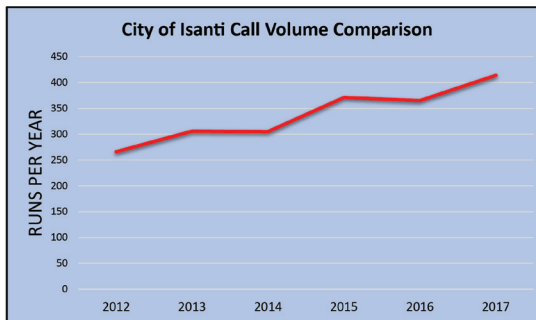
Greetings from the fire station! As you can see in the chart, our call volumes have increased from 266 in 2012, to 414 runs in the City of Isanti in 2017. A 56% increase.

Some of the changes we have made this year to help offset some of that additional volume is the hiring of five new volunteer firefighters, four of whom will be responding to calls out of our fire station in the City of Isanti. Welcome to the team Jimmy Gordon, Erik Kvamme, Corey Schaefer, Lance Thompson and Uriah Giller.

Another bit of information, according to the Minnesota State Fire Marshal, Bruce West, a recent annual report shows a common similarity in fires that start in our State. Fires in public assemblies, educational properties, residential properties, and in store and office property are all most commonly ignited in a kitchen or cooking area. Please remember fire safety at work, as well as at home!

Please don't underestimate the potential for a fire near you, or the importance of having a working smoke and carbon monoxide detector. The lives they protect are obviously worth the expense.

Save the date! July 6, 7 and 8 is the 42nd Annual Isanti Firefighters Pro Rodeo!



Fire Chief Alan Jankovich

## Isanti Area Library



Our Friends of the Isanti Area Library is a nonprofit group (IsantiLibrary.org) that helped to establish and continues to promote the Isanti Library Outreach Site, doing our part to guarantee access to high-quality educational resources for everyone. Located inside Isanti City Hall, the Outreach Library offers books, movies, audiobooks, and e-books. Our Librarian is there to serve you on Wednesdays from noon to 4 p.m. Ask about Children's Story Time and other library events planned for this season. The

Friends also maintain a computer and printer for guest use from 1-3 p.m., with help available to answer your questions.

For your convenience, you are welcome to request items by phone or on the East Central Regional Library website (ecrlib.org), then pick them up here in Isanti. Checking out movies and DVDs for three whole weeks from the library makes it easy to catch up on past seasons of your favorite TV show or have entertainment on hand without a last-minute return rush.

Friends actively "recycle" donated items back into our community and promote literacy all year long! We gladly accept your tax-deductible donations of gently used books, DVDs, audiobooks, and, of course, cash. We especially need children's, westerns, and large-print books. Cookbooks and picture books are popular, too. (Please, no Encyclopedias, X-rated, or VHS tapes). All fundraiser proceeds and donations are used for projects promoting the Isanti Outreach Library and encouraging literacy and learning in our community. Books for sale at the Library Outreach Site are a great deal at only 25¢ each, and other items are also available.

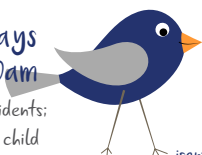
Help us spread the fun! We greatly need and appreciate volunteer help with various library and community events, and we are actively seeking new members. Interested adults are always welcome to attend our monthly planning meetings. Contact Susi McCune for more information or to arrange a donation drop-off: [Susi@IsantiLibrary.org](mailto:Susi@IsantiLibrary.org) or 763-444-4585.

## Curious Creatures

Parent/child programs in the parks with structured activities and free play time to explore the park.

2nd Tuesdays  
10:00-11:30am

FREE for City residents;  
\$3/non-resident child



March 13 - River Bluff Preserve  
April 10 - Bluebird Park  
May 8 - Mattison Park

Register:

[isantiiparks@cityofisanti.us](mailto:isantiiparks@cityofisanti.us)

**COBORN'S**  
MARKETPLACE  
209 6th Ave. SE, Isanti (763) 444-5884

## SEASONAL TIPS FROM ISANTI'S SAFETY COMMITTEE



Spring weather can be unpredictable; sunny in the morning with thunderstorms and tornado watches in the afternoon. Make sure you and your family have an emergency plan in the event of a natural disaster or catastrophic event. Spring is a great time to review the plan with family members to make sure they know what to do. An emergency plan should include:

- A home and car emergency kit.



- A communication plan to outline how your family members will contact one another if they are not in the same place and where you should meet.



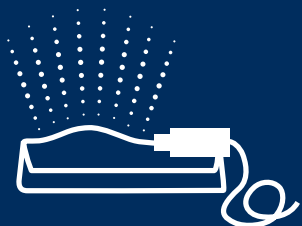
- A get-out/get-away plan with routes to safety out of your home that is practiced at least once a year.

Spring is also an ideal time to take unwanted or expired medicines to a prescription drop box, update your first-aid kit, and replace all batteries in fire and carbon monoxide alarms!

# Rain Garden Workshop

## RESTRICTIVE WATERING BAN IN FORCE

City Code § 325-2 provides regulations for annual sprinkling restrictions. During the period from May 1 through September 1 annually, all property with addresses that end with an odd number may be sprinkled on odd-numbered days, and property with addresses that end with an even number may be sprinkled on even-numbered days. During this time period, no sprinkling shall be allowed from 12:00 p.m. to 6:00 p.m. each day.



This provision shall automatically apply unless superseded by action of the City Administrator should a water shortage exist. The City Administrator is authorized under City Code §325-1 to restrict the sprinkling of lawns by posting a notice at City Hall setting forth the restrictions.

A new property owner may request an exemption of the restrictions for the sprinkling of new sod. To request an exemption please call City Hall. For a complete copy of the Code visit our website at [www.cityofisanti.us](http://www.cityofisanti.us).

## RAIN GARDEN WORKSHOP



**APRIL 19, 2018**

6:00-8:00 pm - Isanti City Hall

### PART 1

Rain Garden Basics

6:00-6:30 pm

What are rain gardens, how do they work?

### PART 2

Rain Garden Design

6:30-7:30 pm

Learn about site selection, plant options, and garden design

### PART 3

Incentive Program

7:30 - 8:00 pm

Learn how to receive help installing a rain garden in Isanti

**FREE - OPEN TO ALL ISANTI COUNTY RESIDENTS!**



## Allina Health

### Common questions about acupuncture answered

A quick guide by Lucy Kervin, LAc, acupuncturist (Allina Health Isanti Clinic)

#### What is acupuncture?

Acupuncture is the insertion of very thin, sterile needles into specific points on your body. Part of an ancient medical system called Traditional Chinese Medicine (TCM), acupuncture stimulates the body's natural healing abilities and promotes well-being. It is the oldest, continuously practiced form of medicine world-wide.

#### What does acupuncture help treat?

The World Health Organization and the National Institutes of Health recognize acupuncture's effectiveness in treating more than 100 different illnesses and health complaints. Acupuncture is an excellent complementary therapy when done in coordination with Western medical care.

Some common health issues that acupuncture may help with include:

- cancer symptoms and side effects of treatment
- infertility
- menopause
- nausea
- pain
- restless leg syndrome
- short- or long-term illness
- sleep issues
- smoking cessation
- sports injuries
- stress and anxiety.

#### What does acupuncture feel like? Will it hurt?

Acupuncture needles are very thin, so they rarely cause pain. Most people report feeling nothing, warmth, heaviness or a slight tingling sensation where needles are inserted. Many find acupuncture to be relaxing.

#### Is acupuncture safe?

Acupuncture is safe when done by professionals who are trained, certified and licensed. All licensed acupuncturists today use single use, sterile, disposable needles and follow universal health care precautions to ensure safety. There are very few negative side effects of acupuncture.

#### Will my insurance cover acupuncture?

Many insurance companies cover acupuncture, especially for chronic pain conditions. But some don't, including Medicare.

One way to get the benefits of acupuncture at a reduced cost is trying Group Acupuncture. In group acupuncture, a number of people receive acupuncture at the same time. You are seated comfortably, and receive an individual assessment and customized treatment by the acupuncturist. The idea is to get all the benefits of acupuncture in a convenient, relaxing and supportive setting.

Both individual and group acupuncture are now offered at Allina Health Isanti Clinic.



# City Wide Clean Up

## CITY WIDE CLEAN UP DAY

Saturday, April 21, 2018

8 a.m. to 12 p.m.

Public Works Garage

100 Isanti Parkway NW

**Directions:** 3<sup>rd</sup> Ave North to Isanti Pkwy, right on Isanti Pkwy to Garage. Drop off on eastside of garage. **City residents ONLY.** Must show driver's license. All items listed must be prepaid at Isanti City Hall, 110 1<sup>st</sup> Avenue NW (Mon.-Fri. 8 a.m.-4:30 p.m.)

**\*PRICES MAY BE SUBJECT TO CHANGE\***

### ACCEPTABLE ITEMS:

Brush, yard waste, and small miscellaneous items will be accepted at no cost. This is limited to loads no larger than one pickup load of miscellaneous materials per resident.

**WE WILL NOT ACCEPT HOUSEHOLD GARBAGE, CONTRACTOR GARBAGE OR COMMERCIAL DEBRIS!**

Other acceptable items and related fees are as follows:

### Appliances: \$10 each

Air Heat Pump	Dishwashers	Dryers	Freezers
Furnaces	Garbage Disposals	Dehumidifiers	Ovens
Microwave Ovens	Refrigerators	Trash Compactors	Stoves
Water Heaters	Washers	Vacuum Cleaners	Gas Grill

**Air Conditioning Units and Water Softeners \$20 each**

**Commercial and gas/ammonia appliance fees will vary**

**NO LP tanks will be accepted.**

### Tires:

Passenger Car / ATV	\$5/tire
Light Truck	\$10/tire
Bicycle	\$1/tire
Motorcycle	\$2/tire
Tubes	Free

**NO Tractor Tires Will Be Accepted**

### Large Items:

Regular Sofas	\$15.00
Sleeper Sofas	\$25.00
Loveseat	\$10.00
Living Room Chairs	\$15.00
Mattresses	\$30.00
Box Springs	\$30.00

### Electronics:

Computer Monitors	\$15.00	TV's 40"/under	\$20.00
CPU Box	\$5.00	TV's over 40"	\$40.00
Keyboard & Mouse	\$5.00	Console TV	\$55.00
Laptop Computers	\$10.00	Copier	\$25.00
Scanner	\$10.00	Printers	\$10.00
DVD/VCR	\$5.00		



## WEED AND GRASS NUISANCES

Summer lawn care season is approaching

City Code §216-2 (H) states that all noxious weeds and other rank growths of vegetation upon public or private property are considered a public nuisance affecting health. Res. No. 2016-210 states that eight (8) inches of grass, weeds, or any combination is declared a nuisance. In accordance with the notification requirements of this chapter, and after seven (7) calendar days' notice by the City, the Community Development Director shall implement the mowing and removal of noxious weeds and vegetation on the private premises.



The owner of the premises on which a nuisance has been abated by the City shall be personally liable for the cost to the City of the abatement, including administrative costs. Any unpaid charges will be assessed to the property. The costs associated with this are billed on a time spent basis. A \$25.00 non-compliance fee is charged in addition to the cost.

For complete copies of the Code and fee schedule visit our website at [www.cityofisanti.us](http://www.cityofisanti.us).

## Compost Site

The compost site (on Isanti Parkway at the Public Works garage) will be accepting yard waste (leaves and grass clippings only) and distributing composted dirt. For the latest information, visit [www.cityofisanti.us](http://www.cityofisanti.us) or call City Hall: 763-444-5512.

### 2018 Compost Hours of Operation:

**April 22nd – November 11th**

Sunday – Noon-5:00pm

Monday – Closed

Tuesday – 1:00pm-7:00pm \*or sunset

Wednesday – Closed

Thursday – 1:00pm-7:00pm \*or sunset

Friday – Closed

Saturday – Closed



# Community Events

## City Parks:

**Academy Park**  
6th Avenue Court NE



**Bluebird Park**  
201 Isanti Parkway NW



**Isanti Hills  
Neighborhood Park**  
518 Dogwood Street SW



**Legacy Park**  
Bellaire and Blossom Boulevards



**Mattson Park**  
311 5th Avenue NW



**Riverside Park**  
503 Rum River Drive NW



**River Bluff Preserve**  
1111 Rum River Drive SW



**Rum River Meadows Park**  
1108 South Passage SW



**Sanbrook Golf Course**  
1261 Heritage Boulevard NE



**Unity Park**  
420 3rd Avenue NW



**VFW Park**  
Railroad Avenue and  
Palomino Road



**Whisper Ridge Park**  
795 3rd Avenue SW



## Features:



## Isanti Community Garden



**Ground Plots**  
\$15/Season  
Reserve up to 3

**Raised Beds**  
\$20/Season  
2 accessibility options

The Isanti Community Garden is open for all community members who are looking for space to grow their own fresh food, flowers, and more! The garden is a great place to meet other community members – and to share gardening tips and tricks so that everyone is successful. Registration is open through June 1st, but spaces will fill quickly. Find us online ([cityofisanti.us/resource/community-garden](http://cityofisanti.us/resource/community-garden)) or visit City Hall for plot availability and to register. Contact Katie Everett, the Community Events and Parks Coordinator for more information ([isantiiparks@cityofisanti.us](mailto:isantiiparks@cityofisanti.us) or 763-444-5512).

## Redbirds Preparing for 2018 Season

The Isanti Redbirds amateur baseball team is busy preparing for their up-coming summer season. The Redbirds are made up of former high school and college players from the surrounding area and play a very competitive schedule. If you are interested in trying out for the Redbird's team, contact Steve Allen at [sallen958@gmail.com](mailto:sallen958@gmail.com) or 763-286-6328. The Redbird field is one of the most beautiful amateur baseball fields in the State and there is no price for admission! Come out this summer and enjoy a game!

## News from Cambridge-Isanti Public Schools

This has been a busy school year for Isanti Primary, Isanti Intermediate, School For All Seasons, Minnesota Center, Isanti Middle School, and Cambridge-Isanti High School. One area of focus this year is to help develop character in each of our students. Our schools have five character traits that are a focus for us. The traits are honesty, compassion, self-discipline, responsibility, and respect. Each school does a number of activities and lessons to support the development of these character traits during the school year. We appreciate the partnership we have with our community! Thank you for your support of Cambridge-Isanti Public Schools.

Cambridge-Isanti Schools will once again be sponsoring a number of summer activities for the residents of our area through our Community Education Department and our Summer School Programs. More information will be coming later this spring!

### School For All Seasons

School For All Seasons (SFAS) will be partnering with many businesses for our STEAM Exploratory week in February. A big thank you to Fancy Dancin', Trans-Mississippi Biological, Coborn's, Minnco Credit Union, Allina Health, East Central Energy, 3M, and ADM Milling Company for helping create great hands-on learning experiences for children. Mr. Bjorge and students from the Minnesota Center (MNC), our 6-8 year-round school option, will be joining us as well for science exploration. Local artists, parents, and teachers along with the editor of The Farmer and Katie Everett from the City of Isanti will be sharing their expertise too for a fun-filled day. To capture it all, we will have a handful of students as videographers taking pictures and video, interviewing presenters and students. We are all getting excited and looking forward to STEAM Exploratory Week!

## Save the Dates for 2018 Summer Events!

Pollinator Workshop - June 9, 1:00-3:00 pm - River Bluff Preserve

Isanti Rodeo Jubilee Days - July 5-9;

More info - Facebook @IsantiRodeoJubileeDays or [north65chamber.com](http://north65chamber.com); parade registration now open

Street Dances - 7:00-11:00 pm on Main Street

June 23 - Maiden Dixie; July 14 - Jonah and the Whales; August 11 - Bad Girlfriends

Celebrate Isanti - August 11 - 5K run/walk, bike ride, kids' festival, car show, street dance

# Community Events

## Calendar of Events

### Tuesday, April 17 - East Central MN Job Fair - 12:30pm - 4:30pm

Calling all job seekers! Free to attend! Bring your resume and be prepared to have an interview with one of the many businesses in the area looking to hire. The event will be held at the Armed Forces Reserve Center (505 Spirit River Drive S, Cambridge)

### Thursday, April 19 - Rain Garden Workshop - 6:00-8:00 pm

Join the City of Isanti and the Isanti Soil and Water Conservation District for an educational rain garden work shop. See Page 8 for workshop details.

### Saturday, April 21 - City Wide Clean Up Day - 8:00am - Noon

Isanti City residents are able to clean up unwanted appliances and other acceptable items by bringing it to the Public Works Garage at 100 Isanti Parkway NW. Residents MUST prepay for their unwanted items at Isanti City Hall, 110 1st Ave NW (M-F 8:00am-4:30pm) prior to disposal.

### Saturday, April 21 - Earth Day Clean Up - 10:00am - Noon

Help Isanti Parks celebrate Earth Day by cleaning up our parks! Come with your family or a team and help us get our parks in top shape for summer. Visit [cityofisanti.us](http://cityofisanti.us) for location information; contact Katie Everett at [isantiparks@cityofisanti.us](mailto:isantiparks@cityofisanti.us) or 763-444-5512 to sign up.

### Tuesday, April 24 - Blood Drive - 12:00pm - 6:00pm

Donate blood to help save lives in our community! Blood drives are held every other month at the Isanti Community Center. Walk-ins welcome; appointments preferred. Call (651) 332-7162 to sign up, or go to [mbc.org/searchdrives](http://mbc.org/searchdrives) and enter sponsor code 9797

### Thursday, April 26 - Senior Fair - 10:00 am - 1:00 pm

Dedicated to our senior citizen community, this fair includes free health and wellness screenings, entertainment by the Prime Time Singers, and vendor booths providing local resources and information. Coffee and lunch options are available. Free admission. For more information, contact the North 65 Chamber of Commerce at 763-689-2505 or [www.north65chamber.com/senior-fair](http://www.north65chamber.com/senior-fair)

### Monday, April 30 - Water Flushing Begins

The flushing of water mains in the City of Isanti will begin April 30 and end approx. May 4. Check the City's website: [www.cityofisanti.us](http://www.cityofisanti.us) for the water flushing schedule. Contact City Hall with any questions (763) 444-5512.

### Saturday, May 5 - City Wide Garage Sale

Contact Hannah (763) 444-5083 to be a part of this year's City Wide Garage Sale!

### Saturday, June 9 - Race the Rum 5K & 1 Mile Superhero Fun Run/Walk

Race the Rum is a family-friendly Superhero themed 5K & 1 Mile run/walk. All ages are invited to participate and group discounts are available. For more information, contact the North 65 Chamber of Commerce at 763-689-2505. Race registration online at: <http://racetherum.zapevent.com>. Check-in begins at 8:00am, 9:00am 5K start, 9:15am 1Mile start. Isanti County Government Center, Cambridge.

## Recurring Events

### Senior Dining and Meals on Wheels

Monday through Friday Catholic Charities sponsors the noon meal. Reservations can be made ahead and are recommended by calling Lynne @ 763-245-1193 or (763) 444-7539 between 10:30am - 1:00 pm. The suggested donation is \$4-\$7.75 for persons 60 and older; \$7.75 under 60.

Sit and Be Fit Classes: Tuesdays and Fridays, 11:00-11:45 -Free!  
Card playing Tuesdays during Senior Dining

### Isanti Lions Pancake Fundraiser Breakfast

3rd Sunday of every month, 8:00am to noon at the Isanti Community Center.

### Curious Creatures

Second Tuesday of every month, 10:00-11:30am. Parent/Child program in Isanti's parks; each program will include structured activities and free play time to explore the park. FREE to City of Isanti residents; \$3/non-resident child. Contact Katie (763) 444-5512, [isantiparks@cityofisanti.us](mailto:isantiparks@cityofisanti.us) for more info.

### Isanti Family Farmers Market

Buy fresh, Buy local! Come shop farm fresh produce, crafts, and homemade goods. The Market is located on the north side of Isanti Liquor (400 West Dual Blvd NE) every Friday from 2:00pm - 6:00pm, May 25 - September 29.

## 15TH ANNUAL HORTICULTURE DAY: BURST INTO SPRING

Saturday, March 10,  
8:00 am to 3:30pm  
Armed Forces Reserved  
and Community Center  
505 Spirit Rive Drive S.,  
Cambridge

Join us: Great speakers,  
excellent vendors, and  
silent auction.

Registration -

Contact: Carla Trupe,  
763-689-1810 or  
[trupe003@umn.edu](mailto:trupe003@umn.edu)

For more information:  
[www.isanticountymaster-gardeners.com](http://www.isanticountymaster-gardeners.com)



## COMMUNITY CENTER

The Isanti Community Center (ICC) is a great place to host your event.

The facility is perfect for weddings, fundraisers, seminars, business presentations, birthday parties, and more! The capacity is 215 people with tables, chairs and select kitchen amenities included in the rental. The ICC is open to the public for renting.

We also offer 1/2 price weekday rental rates for non-profit groups.

Availability is now posted online! Go to [cityofisanti.us/events](http://cityofisanti.us/events) for the latest reservation schedule.

Contact the Community Events and Parks Coordinator to book a reservation at 763-444-5512 or [isantiparks@cityofisanti.us](mailto:isantiparks@cityofisanti.us)





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